

## Visual Guide

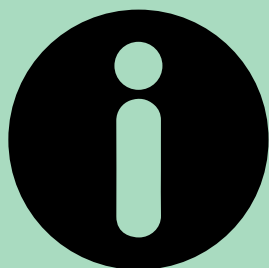
### Easy Read

# HOLD ON TO YOUR BUTTS



### What is a visual guide?

A visual guide has information and pictures to prepare you for your visit to a venue and show.



### What is the show?

Hold On To Your Butts is a funny recreation of the movie Jurassic Park.

It features three actors and they create the entire story with their bodies, voices and imagination.



### How long will the show last?

The show lasts for approximately 70 minutes.

There is no interval.



Visit the theatre's website for:

Information about **how to get to the theatre**

information about **wheelchair access**

information on **booking an access companion**

## Access Information

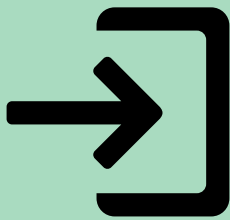


You are welcome to bring fidget toys, ear defenders or access tools but please do not use your phone or electronic device during the performance as it can be distracting for the actors and other audience members.



The production is touring to venues throughout the UK.

Please contact the venue directly for accessibility information specific to their venue.



You can leave and go back into the auditorium at any time during the performance. When you want to go back in, please ask a member of staff who will choose a good moment.



A **touch tour** is an opportunity to handle some props and familiarise yourself with the lighting and sound before the show begins.

If you would like to arrange a touch tour, please contact the venue directly who can arrange this with the production.

## Trigger Warnings



### **Auditory Trigger Warnings**

The show includes sound effects made live on stage by a Foley Artist. These include:

- Dinosaur noises
- Crashing of pans
- Gunshots (made with voices)
- Loud vocal music and effects



### **Emotional Trigger Warnings**

The show is a comedy but includes references to:

- Divorce
- Death
- Animals being hurt
- Being hunted by dinosaurs

You do not see any of these things in a realistic manner.



### **Visual Trigger Warnings**

There are no strobe effects, but some moments take place in darkness or with flashlights shining into the audience.

The actors mimic smoking in some scenes.

At times actors will use the aisles in the theatre, and there are two moments of audience interaction. To opt out of interaction, ask a member of staff to provide you with an “Opt-out Lanyard” to wear.

## Who is in the show?



**Charlie Ives** is the Foley Artist and creates the sound effects.



**Jack Baldwin** plays characters throughout the show including:

- Ian Malcolm
- John Hammond
- Dennis Nedry
- Robert Muldoon



**Charlie Richards** plays characters throughout the show including:

- Alan Grant
- Ellie Sattler
- Lex Murphy
- Tim Murphy
- John “Ray” Arnold



**James Physick** is our understudy, so he might appear in a performance you attend.

## Getting Help

**SAMARITANS**

If you feel upset and need to talk to someone, you can call

**Samaritans**

116 123

**YOUNGMINDS**  
fighting for young people's mental health

For children, young people and their parents to receive mental health support you can go to

**[www.youngminds.org.uk](http://www.youngminds.org.uk)**

**RECENT**  
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Visual guide prepared by

**SMART**  
entertainment